

Side Dishes

▲ Vegetable Side Dishes

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| 54. Everest Aloo 🌶️ | 5.90 |
| Spiced potatoes cooked with traditional Nepalese spices | |
| 55. Saag Aloo 🌶️ | 5.90 |
| Potatoes cooked with fresh spinach, spices | |
| 56. Chana Masala 🌶️ | 5.90 |
| Chick peas cooked in a onion tomatoes and spiced sauce | |
| 57. Mushroom Bhaji 🌶️ | 5.90 |
| Fresh mushroom delicately cooked with ginger garlic sauce | |
| 58. Bhindi Masala 🌶️ | 5.90 |
| Fresh okra cooked with onions and traditional spices | |
| 59. Aloo Gobi 🌶️ | 5.90 |
| Delicious cauliflower and potatoes, cooked with ginger garlic onion | |
| 60. Daal 🌶️ | 5.90 |
| A mixture of spiced lentils | |

▲ Rice Dishes

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| 61. Plain Rice | 3.20 |
| 62. Pilau Rice | 3.50 |
| 63. Vegetable Rice | 3.90 |
| 64. Jeera Rice with cumin seeds | 3.90 |
| 65. Coconut Rice | 3.90 |
| 66. Mushroom Rice | 3.90 |
| 67. Egg Rice | 3.90 |
| 68. Cashew & Lemon Rice | 3.90 |
| 69. Prawn & Pineapple Rice | 9.95 |
| 68. Keema Rice | 4.95 |

▲ Naan/ Rotis

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| 70. Plain Naan | 3.10 |
| 71. Garlic Naan | 3.90 |
| 72. Peshwari Naan | 3.90 |
| 73. Cheese & Garlic Naan | 4.10 |
| 74. Keema Naan | 4.10 |
| Stuffed naan with spiced minced lamb | |
| 75. Paratha | 3.90 |
| Layered bread with butter, whole wheat flour | |
| 76. Roti | 3.10 |
| Nepalese style, tandoor cooked, whole wheat flour | |

▲ Kids' Meals

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| 77. Chicken Nuggets and Chips | 9.90 |
| 78. Fish Finger and Chips | 9.90 |
| 79. Plain Rice with choice of chicken or lamb Curry (mild) | 9.90 |

▲ Drinks

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| 80. Can of Coca-Cola / Sprite / Irn Bru 330ml | 1.90 |
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▲ Accompaniments

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| 79. Plain Papad | 1.00 |
| 81. Raita | 3.70 |
| 82. Mango Chutney | 1.00 |
| 83. Spiced Onion | 1.00 |
| 84. Mint Chutney | 1.00 |
| 85. Chips | 2.50 |

▲ Mount Everest Meal Deals

Meal for Two

2 Papads and Chutneys, Mixed Pakora, Choice of 2 Dishes from Everest Specials and Traditional Dishes (King Prawns-£4.90 extra) with Everest Aloo or Chana Masala.
2 Pilau Rice and 1 Garlic Naan **37.90**

▲ Mount Everest Meal Deals

Meal for Four

4 Papads and Chutneys, Mixed Pakoras, Choice of 4 Dishes from Everest Specials and Traditional Dishes (King Prawns-£4.90 extra) with Everest Aloo & Daal. 4 Pilau Rice & 1 Garlic Naan & 1 Peshwari Naan **75.90**

No changes can be made to any meal deal..

Now reopened as a fully Licensed Restaurant
"Dine with us to enjoy the full experience..."



Allergens:

If you have any allergies or special dietary requirements, please speak to a member of staff. All dishes may contain traces of nuts, wheat or dairy products. Please ask the member of staff for suitable options and alternatives available.



mounteverestaberdeen



mounteverestaberdeen.co.uk



**OPENING
TIMES**
3pm-11pm
Mon-Sun

Mount Everest

NEPALESE & INDIAN CUISINE

RESTAURANT & TAKEAWAY

**10% DISCOUNT ON COLLECTION
ON ORDERS OVER £20.00
BUT NOT ON MEAL DEALS**

TAKE AWAY MENU



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Blackburn Industrial Estate • Woodburn Road
Blackburn • Aberdeenshire • AB21 0RX

Mount Everest Restaurant combines Nepalese and Indian Cuisine offering guests a delicious taste of Nepal, India and Tibet with Himalayan cooking at its core. The restaurant, located within beautiful Aberdeenshire is set in a comfortable, modern, yet warm and friendly ambience for you to enjoy the subtle and fresh taste of the Himalayas.

Appetizers

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| 1. Mo Mo | 5.90 |
| Dumplings served with spicy tomato and sesame chutney – popular Nepalese appetizer [Vegetable (v) : Chicken] | |
| 2. Chilli Garlic Mushroom (v) | 5.50 |
| Fresh mushrooms sautéed in homemade chilli garlic sauce | |
| 3. Chilli | 5.90 |
| Spice marinated and sautéed in Indo-Chinese sauce [Paneer (v) : Chicken] | |
| 4. Pakora | 5.50 |
| Battered and fried, blend of mixed herbs and spices [Vegetable (v) : Chicken] | |
| 5. Onion Bhaji (v) | 5.50 |
| Finely Chopped onions blended with mixed herbs and spices, and gently fried | |
| 6. Samosa | 5.50 |
| Delicious filled savoury pastries [Vegetable (v) : Chicken] | |
| 7. Chat Puri | 5.50 |
| Spiced mix in a bed of small fried flat bread [Chicken : Prawn : Chick Pea & Potato] (v) | |
| 8. Chicken Lollypop | 5.90 |
| Chicken winglet marinated in soy, ginger, garlic and chilli paste, and frenched - Classic Favourite | |
| 9. Lamb Chops | 8.50 |
| Tender lamb chops marinated in ground spices and ginger garlic, tandoor cooked | |
| 10. Tikka | 6.50 |
| Marinade of yoghurt, ginger garlic, chilli paste, tandoor cooked [Paneer (v) : Chicken : Lamb : Salmon] | |
| 11. Sheek Kebab | 5.90 |
| Spiced tender minced lamb on a skewer, tandoor cooked | |
| 12. Choila | 7.90 |
| Popular Nepalese dish made with grilled chicken, with a smokey texture, serving a flavour of garlic, Szechuan pepper and other Nepalese spices | |
| 13. Sherpa Fish | 5.90 |
| Nepalese dish, deep fried macha, marinated with mustard paste and Nepalese spices, served with chili mayo sauce | |
| 14. Crispy Vegetable | 5.90 |
| Freshly fried mixed vegetables sautéed in Nepalese spices | |
| 15. Vegetable Platter (v) | 8.90 |
| Selection of vegetable appetisers [Vegetable Pakoras, Paneer Pakoras, Samosas and Onion Bhaji] | |
| 16. Everest Platter | 9.90 |
| Scrumptious selection of meat and fish appetisers [Chicken Tikka, Sheek Kebab, Lamb Chops, King Prawn] | |

Main Courses

▲ Everest Tandoor Specials

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| 17. Shaslik | |
| Spice marinated, tandoor cooked, served with roasted onions peppers, tomatoes, curry sauce & salad [Paneer (v) : Chicken : Lamb : 14.90] [King Prawn : 15.90] | |
| 18. Tikka | |
| Special tikka marinade, tandoor cooked, served with curry sauce and salad [Paneer (v) : Chicken : Lamb : 13.90] [King Prawn : 14.50] | |
| 19. Tandoor Chicken | 13.90 |
| Tandoor cooked chicken on the bone, marinated in yoghurt and blend of spices, served with curry sauce and salad | |
| 20. Mixed Grill | 14.90 |
| An assortment of spice marinated and tandoor cooked selection served with curry sauce and salad [Sheek Kebab, Chicken Tikka, Lamb Tikka, Lamb Chops and King Prawns] | |
| 21. Seafood Grill | 17.90 |
| Spice marinated and tandoor cooked selection of seafood served with asparagus and wild mushrooms [King Prawn, Salmon, Monkfish] | |

▲ Everest Specials

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| 22. Chowmein | |
| Stir fried noodles mixed with Nepalese spices [Vegetable (v) 9.90 : Chicken 10.90 : Prawn : 11.90] | |
| 23. Hariyali Lamb | 12.90 |
| Lamb cooked with mint, peppers, onion and Nepalese spices | |
| 24. Gorkhali Chicken | 11.90 |
| Chicken breast cooked with yoghurt and chilli garlic sauce | |
| 25. Khasi Bhutuwa | 12.90 |
| Lamb cooked with yoghurt, peppers, onion, tomatoes and Nepalese spices | |
| 26. Tandoor Garlic Chilli Chicken | 11.90 |
| Boneless tandoori chicken cooked with ginger, garlic, chilli sauce | |
| 27. Everest Gheu Kukhuro | 11.90 |
| Boneless tandoori chicken cooked with butter, almond and tomato sauce | |
| 28. Mango Chicken | 11.90 |
| Chicken breast cooked with mango, almond and creamy sauce | |
| 29. Badam Chicken | 11.90 |
| Chicken breast cooked with peanut cream sauce | |
| 30. Lekali Kadhai | 12.90 |
| Lamb cooked with onions, tomatoes, peppers and Nepalese spices | |
| 31. Everest Achari | |
| Cooked with onions, green peppers and pickle [Vegetable (v) : Chicken : Prawn : 11.90]: Lamb : 12.90] [King Prawn : 14.90] | |
| 32. Sabji Pancharatan (v) | 11.90 |
| A mixture of vegetables and cottage cheese cooked with Nepalese spices | |
| 33. Mayalu Kukhura | 11.90 |
| Chicken breast cooked with cashew nut and sweet cream | |
| 34. Aubergine Chicken | 11.90 |
| Buttered chicken cooked with aubergines in a spicy yoghurt and coriander sauce | |

▲ Chefs Platter

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| 35. Briyani | |
| Aromatic saffron infused Basmati Rice served with a choice of Raita or Vegetable Curry [Vegetable: 10.90] [Chicken : Prawn: 12.90] [Lamb : 13.90] [King Prawn: 14.90] | |
| 36. Tirsuli Machha | 13.90 |
| Monk fish cooked in coconut and creamy yogurt | |
| 37. Jhinga Masala | 14.90 |
| Medium spiced king prawn cooked in fresh chilli and garlic sauce | |

▲ Vegetable Main Courses

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| 38. Paneer Chilli Masala (v) | 10.90 |
| Cottage Cheese cooked with Ginger, Garlic and fresh chillies | |
| 39. Mutter Paneer (v) | 10.90 |
| Cottage Cheese and garden peas cooked with creamy sauce | |
| 40. Palak Paneer (v) | 10.90 |
| Cottage cheese cooked with spinach and a blend spices | |
| 41. Mix Karahi (v) | 10.90 |
| A mixture of fresh Vegetables cooked in traditional Nepalese spices | |
| 42. Dal Makhani (v) | 10.90 |
| A mixture of Lentils cooked with fresh ginger and a creamy butter sauce | |

▲ Traditional Dishes

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| 43. Korma | |
| Mild and rich, cooked with coconut, creamy and slightly sweet | |
| 44. Tikka Masala | |
| Smooth taste, oven grilled, cooked in butter, ground almonds, creamy masala sauce | |
| 45. Pasanda | |
| Fragrant and mild, cooked in a red wine, yoghurt, creamy sauce and nuts | |
| 46. Jalfrezi | |
| Slightly hot, cooked with fresh peppers, onions, green chillies and herbs | |
| 47. Curry | |
| Traditional Nepalese style, cooked in a ginger, garlic and chilli sauce | |
| 48. Dhansak | |
| Slightly hot, sweet and sour, cooked with lentils and pineapple | |
| 49. Rogan Josh | |
| North Indian taste, cooked in a tomato sauce with spices | |
| 50. Bhuna | |
| Medium spiced, cooked with onions and tomatoes | |
| 51. Patia | |
| Medium spiced, cooked with sweet and sour sauce | |
| 52. Madras | |
| Heightened heat, cooked in onion and spice blended sauce | |
| 53. Vindaloo | |
| Extreme heat, cooked in onion and spice blended sauce [Vegetable (v) : 10.90] [Chicken : Prawn : 11.90] [Lamb: 12.90][King Prawn : 14.90] | |